

Social Paddle Club Programme

Date	Time	Description
Mon 25th May	PM	Paddle from Dallam - Arnside
Thurs 28th May	PM	Club night at Killington, Paddle and safety drills
Sun 7th June	TBA	Fun Paddle from Arnside
Sat 20th June	AM	Lune Paddle Halton- Skerton
Sat 11th July	AM	Coniston
Sun 2nd Aug	AM	Family Fun Day at Arnside: Paddling am / Sailing pm
Thurs 20th Aug	PM	Killington Club night paddle
Sun 13th Sept	AM	Middle Derwent Paddle
Sat 7th Oct	TBA	Fun Paddle from Arnside
Sun 1st Nov	AM	Upper Lune paddle to Kirkby Lonsdale

We also run social paddleboarding sessions on the estuary at Arnside on Sunday mornings when the tide is out (generally every fortnight)