



TERMS AND CONDITIONS FOR USE OF CLUB CRAFT AND EQUIPMENT

When not being used for training or other organised club sessions, club craft and equipment are available for use by club members

Club craft include sailing dinghies, canoes, kayaks, paddle boards and windsurf rigs. Equipment includes buoyancy aids, helmets, trapeze harnesses, launching trolleys and paddle board leashes

1. RESPONSIBILITY

Whilst Club craft and equipment are available for use by members, it is the member's decision to take out club equipment on the day given weather, tidal and wind condition and currents. Arnside Sailing Club has no responsibility for any loss, damage, death or injury caused as a direct or indirect result of the use of the club equipment, including the failure of club equipment.

Users of Club craft and equipment are responsible for checking that club craft and equipment is in safe working order before going out.

2. SAFETY

Users of club craft and equipment should follow Club safety guidance at all times

- Buoyancy Aids should be worn at times. (Check that you are wearing the right size, Parents should ensure that their children wear buoyancy aids correctly and for young children that the crutch strap is done up to stop the buoyancy aid riding up.)
- Children under 16 must wear a helmet when using a sailing dinghy or windsurf rig with a metal boom
- Leashes must be worn at all times when using a paddle board
- Club craft and equipment may not be used if Club Officers, Safety Boat Crew or Instructors feel that a member is not competent to use craft or equipment given conditions on the day.

- Members should check weather and tidal conditions before going out. If in doubt do not go out.
- Be aware of other users on the beach especially when moving sailing dinghies, which might tip over in the wind.
- Dinghies should be taken down the ramp backwards.
- Due care and attention should be other users of the estuary. Use of club craft must be in a safe and careful manner at all times.

3. RESTRICTIONS

Club craft should not be used unless the Club considers participants competent to use them.

Members should only use club craft in conditions where they are competent to go out in. If in doubt do not go out.

Users including children should be able to swim at least 25 yards.

3.1 Sailing Dinghies

a) High Tide

Club sailing dinghies can be used by competent sailors at high tide with or without safety boat cover depending on their ability subject to the following restrictions

- a) Members should only go out in conditions which they are competent to sail in
- b) Club dinghies should not normally be used in winds of excess of 18 mph. Very competent sailors can use club dinghies in winds of up to 22 mph.
- c) Members with limited sailing experience should only go out at high tide in winds less than 12 mph when safety boat cover is provided or as crew for a more experienced sailor
- d) Children under the age of 16 should only sail in organised cadet sessions or in dinghies with their parents on board.

b) Low Tide

- a) Adult beginners can use Hartley 10s at low tide in calm conditions to practise sailing having attended lessons first.
- b) Members who are competent may use Hartley 10s to teach other family members or friends at low tide in calm conditions subject to only one boat being used at a time.

3.1 Paddle Boards

- a) Paddle Boards should only be used at low tide
- b) Competent paddle boarders should only use paddle boards in winds less than 18 mph
- b) Beginners should only use paddle boards on calm days when wind speeds are 12 mph or less
- c) Beginners should only paddle board between New Barns and the Promenade

3.2 Kayaks and Canoes

- a) Club kayaks and canoes should only be used at high tide on calm days if users keep within 50 metres of the Arnside shore
- b) Competent kayakers and canoeists should only club kayaks and canoes at low tide in winds less than 18 mph
- c) Beginners should only use kayaks and canoes at low tide on calm days when wind speeds are 12 mph or less
- d) Beginners should only use canoes and kayaks between New Barns and the Promenade

3.3 Windsurfing

- a) Beginner windsurfers are restricted to use at low tide when wind speeds are less than 12 mph

3.4 The Bore

Club canoes, kayaks and paddleboards must not be used to surf the Bore

3.5 The Viaduct

Club canoes, kayaks and paddleboards should not go under the Viaduct

3.6 The Siren

Sirens are sounded in advance of the incoming tide and Bore

Users of club craft should return to the Dinghy Park after the first siren is sounded one hour in advance of the Bore

If any club craft are in the water when the second siren is sounded, they should proceed to the nearest piece of shore immediately

3.7 High Tide

Tides come in and go out very quickly at Arnside. Users of club craft should wait until the speed of the incoming tide has subsided before going out. They should return to the Dinghy Park before the flow of the outgoing tide has increased. After high tide users should aim to be on the Promenade side of the Dinghy Park.

In general, there is a window of around 2 hours where water sports are possible at high tide at Arnside depending on tide and weather conditions.

3.8 Going out at low tide after high tide

Users should wait till outgoing tidal flows have decreased before going out.

3.9 River currents at low tide after heavy rainfall

After heavy rainfall, currents in the river at low tide can be quite strong. Users should not go out if currents are stronger than they can cope with.

3.10 Hazards

Users should avoid hazards such as rocks on the shore, remains of old moorings, both of which may be submerged and fisherman's lines, which may come out quite a long way. There is a marker post which was at the end of an old training wall coming out from the viaduct about two thirds of the way across the estuary that may be covered at high tide. There are rocks off Grange-over-Sands beyond Holme Island and coming out from the River Winster.

3.11 Carrying capacity of Club Craft

The carrying capacity of club craft should not be exceeded

a) Capacity Club Dinghies

Boat	Capacity
Hartley 10s	Two children, One teenager or adult
Hartley 12s	Two adults, three teenagers or one adult and two children
Laser	One person (Rig size dependent on person's weight)
Wanderer	Five people
Wayfarer	Six people
Topaz 12	Two children, adult and child or one adult
Topaz 14	Up to three people

Conversely club dinghies or windsurf rigs should not be used if the sail is too big for users to manage.

b) Capacity Club Paddle Boards

Length	Capacity
Short – 9'8" long	85 kg, 13st 5lb
Medium -10'4" long	95 kg, 14st 13lb
Long – 10'8"	105 kg, 16st 7lb

Paddle Boards should be used by one person alone or a parent / small child combination

b) Sit OnTop Kayaks

Double – Two people or two adults and a child

Single – One person

3.12 Only use club craft that are suitable for your size.

Members should only use club craft that are suitable for their size. Club dinghies or windsurf rigs should not be used if the sail is too big for users to manage.

3.13 Alcohol and Drugs

Members should not use club craft or equipment when impaired by alcohol, drugs or whilst otherwise unfit to participate

3.14 Medical Condition

Members should not use club craft or equipment if suffering from illness or unfit to participate in water sports.

4. Children and Young People

Sailing – Children and Young People under 16 should only go out in organised cadet sessions or with parents / guardians

Kayaks – Children and Young People under 16 should only go out in kayaks with their parents or in a kayak directly supervised by their parents. Parents can supervise up to one other canoe

Paddle boards – Adults can supervise up to one child under 12 and two children under 16 when paddle boarding

Windsurf boards – Children and Young People under 16 can only go on a windsurf board if directly supervised by a parent or in an organised club session.

5. Guests

Members can take out guests in club boats or canoes up to the capacity of the canoe or boat on an occasional basis,

Members can take out up to two guests out on paddle boards on an occasional basis, if the guests are competent to use them. They should avoid busy times when other members might want to use the paddle boards.

Guests who go out on club craft on a regular basis are expected to become club members. A regular basis is defined as more than 3 times in a season.

6. Safety Boats

Safety boats should only be used to provide cover for people taking part in water-sports at high tide or for training. They are not available for general use by members

7. Safety Boat Cover

Whilst safety boat cover may be provided at high tide, it is not guaranteed and is limited to what assistance, as can be practically provided in the circumstances. In a large area of water safety boats may not be able to see club crafts in need of assistance, especially canoes.

8. Booking

Club crafts must be booked out via the club booking system. The following details should be recorded

- The name of each person using the craft should be recorded eg “John, Jean and Joan Jones” rather than “Jones”
- The type and name (if it has one) of each sailing dinghy
- The number of each kayak e.g. ASC1
- The number of paddle boards being taken and the length of each paddle board should be recorded eg 1 SUP 9’8” long

If a member decides they no longer want to use a club craft at the booked time, the booking should be removed.

Block booking of club craft is not allowed – Members can only make one booking per day and have two bookings in the system at any one time.

Bookings should not be made more than one week in advance.

8.1 Tide Times

Tide times in the booking system are appropriate. How fast the tide comes and goes out varies from day to day according to weather conditions and the amount of water in the river.

Tide Times advertised for Arnside on websites are often inaccurate. Sometimes times are given in Greenwich Mean Time rather than British Summer Time.

9. Inspecting craft and equipment before use

Members should inspect club craft and equipment to see that they are safe to use before taking them out.

Things to check include

Sailing Dinghies – Bungs are in. No water inside. The boat is rigged correctly. If you do not know how to rig the boat do not take it out.

Kayaks – Bungs are in

Paddle Boards – Boards are pumped up correctly, leashes and fins securely attached.

Trapeze harnesses – Safety clips are working properly

10. After use

Club craft and equipment should be cleaned after use.

During the Covid 19 period craft and club equipment should be sprayed with disinfectant spray after use. Buoyancy aids and equipment such as trapeze harnesses should be washed with soapy water.

Equipment should be returned to where it is stored. Club dinghies should be properly derigged, sails stored in the boats and covers securely attached. Equipment from club boats should be kept with the boat they came from

Leashes should be attached to paddle board handles

11. Reporting defects

Any defects should be reported to arnsidesc.sailing@gmail.com

10. Liability for breakages

- Adult members using club equipment are responsible for the cost of repair to damage and replacement of loss occurring during the period of use other than normal wear and tear.

- Where damage caused during the loan period is such that an insurance claim is required, the member using the boat will be required to pay the insurance excess, which in 2020 was £50.00. Junior members will not be required to pay the insurance excess

11. Leaving the Dinghy Park

If you are the last person out of the dinghy park or if nobody else is left in the dinghy park when you go out on the water, you should ensure that everything is locked

12. MEMBERS AGREEMENT TO TERMS AND CONDITIONS FOR USE OF CLUB BOATS

I acknowledge that

- a) Water sports are by their nature an unpredictable sport and carry an element of risk
- b) Whilst the Club craft and equipment is available for use by members, it is my decision (or my partner's decision) to take out club equipment given weather, tidal and wind condition and currents on the day and that Arnside Sailing Club has no responsibility for any loss, damage, death or injury caused as a direct or indirect result of the use of the club equipment, including the failure of club equipment. Before taking out club craft or equipment I will check that they are safe to use
- c) I will follow Arnside Sailing Club's condition for use of Club Equipment and any other Safety Advice at all times
- d) Members of my party will wear a buoyancy aid at times. Children under 16 in my party will wear helmets when sailing a boat or windsurf board with a metal boom.
- e) Safety boat cover if provided is limited to what assistance can be practically given in the circumstances
- f) I will follow the Club's Covid-19 guidance

Signature

Name (Print)

Date