

ARNSIDE SAILING CLUB

RYA North West Sailing Club of the Year



WOMEN'S SAILING COURSES AT KILLINGTON



Arnside Sailing Club is offering women a chance to start sailing. We are running sailing courses for women over four Tuesday mornings (10 am to 1 pm) at Killington Sailing Club, near Sedbergh on the following dates

Tuesday 4, 11, 18, 25 June

Tuesday 17, 24 Sept 1, 8 Oct

The courses are being taught by Kathryn Jackson, a qualified RYA Sailing Senior Instructor using a Wayfarer, a stable sailing dinghy. Generally there will be three women as well as the instructor in the boat.

Price £120 per person (Arnside Sailing Club members £110)

Women who can already sail

Women who can already sail can take out one of Killington's Pico. Safety boat cover would be provided. Please let us know if you are coming in advance.

Arnside Sailing Club

At £65 a year our membership fees are one of the lowest in the country. There are club boats which you can take out for free. Our club house in the historic Old Customs House is open for regular social, music, folk and jazz events. The club offers a free children's sailing programme.

Killington Sailing Club

Killington Sailing Club is which on the other side of the lake from the motorway service station is just over half a hour drive from Arnside. The clubhouse has full changing facilities. You can also go to Killington's Tuesday Evening Improver Sessions.

To Apply: Please fill in the attached application form

Further Information: Alasdair Simpson asc.sailing.secretary@gmail.com telephone 01524 762386



www.arnsidesailingclub.co.uk