

LEARN TO SAIL with
ARNSIDE SAILING CLUB
RYA North West Sailing Club of the Year



YOUTH SAILING COURSES AT KILLINGTON



Arnside Sailing Club is offering cadet sailing courses at Killington Sailing Club near Sedbergh in 2019 as follows

RYA Stage 1 / 2 Beginners (4 days)	RYA Stage 3 Improvers (2 days)
Tues 28 – Fri 31 May Mon 28 July – Thurs 1 Aug Tues 20 – Fri 23 Aug <i>At the end of the course cadets should be well on the way to being confident small boat sailor</i>	Thurs 30 – Fri 31 May <i>At the end of the course cadets can regard themselves as a sailor not a beginner</i>
	RYA Stages 3 & 4 Improvers (4 days) Tues 20 – Fri 23 Aug <i>On completion cadets should be able to sail a double handed boat as helm or crew and solve a variety of problems afloat.</i>

Four Day Courses: £90 (*children of Arnside Sailing Club members £80*)

Two Day Courses: £45 (*children of Arnside Sailing Club members £40*)

Killington Sailing Club

Killington Sailing Club is located on a minor road opposite the motorway service station. There is an excellent club house with full changing and shower facilities, meeting / dining room and a small kitchen. We also run weekend adult courses, at Killington which are suitable for families. Killington's Tuesday evening improver sessions, which take place during term time are open to Arnside members.

Arnside Cadet Programme

The Sailing Club runs regular sessions for cadets at Arnside with low tide sessions for beginners when the water is shallow enough to stand up in and high tide sessions for more advanced cadets.

To Apply: Please fill in the attached application form

Further Information: Alasdair Simpson asc.sailing.secretary@gmail.com telephone 01524 762386



www.arnsidesailingclub.co.uk